

# **AAMFT Approved Supervisor Refresher Course**

**With Required Updates For Oklahoma  
Board Approved LMFT Supervisors**

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*Oklahoma Board Approved Marital and Family Therapist Supervisors*  
*Oklahoma LMFT Licensing Advisory Board Members*

**Friday, November 9<sup>th</sup>, 2007**  
**9:00 a.m. to 5:00 p.m.**

*Location of Workshop:*  
Girl Scout Headquarters  
2432 E. 51<sup>st</sup> Street  
Tulsa, Oklahoma

**Sponsored by Christian Family Institute**

For Registration or Further Information Contact:  
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This course is approved to meet both the requirements for renewal of the AAMFT Approved Supervisor designation, and the requirements for continuing education for the Oklahoma LMFT Board Approved Supervisor.

This course includes 3 hours of ethics and legal issues related to supervision.

# **Approved Supervisor Refresher Course**

## **Course Goals and Objectives**

The purpose of this course is to provide LMFT Supervisors and AAMFT Approved Supervisors with an update on recent changes and developments in training and supervision. This workshop satisfies the five-hour refresher course requirements for the AAMFT Approved Supervisor to renew their designation for each additional five-year term. This course also provides an optional update for Oklahoma Board Approved LMFT Supervisors including newly adopted standards of practice.

The course will involve presentations from recent publications on supervision, discussions, and experiential activities covering the five AAMFT Approved Supervisor Refresher Course requirements.

### **AAMFT Learning Objectives:**

1. A review of current supervision literature with an emphasis on publications from the past five years.
2. A review of the ethical and legal issues that arise in clinical supervision.
3. A review of the issues involved in supervision contracts, including the process of developing a contract and the elements that should be addressed.
4. A discussion of cultural, gender, socioeconomic and other contextual issues involved in supervision.
5. A review of the current standards for becoming an AAMFT Approved Supervisor, with an emphasis on the role of the Approved Supervisor mentor.

## **Recommended Reading**

A bibliography and handouts will guide the participant through key recent publications in the LMFT supervision literature.

## **Requirements**

Participants must attend the first five hours of this workshop in order to receive a certificate of completion of the AAMFT Approved Supervisor Refresher Course. Participants must attend the entire workshop in order to fulfill the new standards for continuing education for Oklahoma Board Approved LMFT Supervisors.

A minimum of four students must be enrolled in the course.

# Workshop Outline

**9:00 a.m. – 12:00 Noon**

**I. Course overview and introductions**

Introduction of presenters  
Introduction of participants  
Overview of the course

**II. Current standards for becoming an Approved Supervisor**

A Review of The AAMFT Approved Supervisor Designation Standards and Responsibilities Handbook  
The role of the AAMFT Approved Supervisor mentor  
Requirements and guidelines for Approved Supervisors mentoring supervisory candidates  
Responsibilities of the Approved Supervisor in mentoring supervisory Candidates  
The distinction between the licensing board approved supervisor and the AAMFT Approved Supervisor

**III. Current supervision literature**

The move from competency-based versus theory-based supervision  
Suggested best practices in supervision  
MFT trainees/interns reports of their best and worst supervision experiences  
Trends in the techniques of supervision  
The demand for greater accountability in supervision  
Discussion of your current supervisory concerns and issues

**IV. Ethical and legal issues of supervision and mentoring**

The AAMFT Code of Ethics related to supervision  
Risk management strategies and issues  
The “standard of care” in supervision  
Direct liability versus vicarious liability  
Evaluating your current supervisory liabilities

**V. Supervision Contracts**

The purposes of a supervision contract  
The necessary and typical components of a supervision contract  
Special contractual needs of your supervision setting  
Policies for crises, emergencies and the supervisor’s absence  
Critique of your current supervisory contract

**12:00 to 1:30 Lunch**

**1:30**

**VI. Contextual variables in supervision and mentoring**

The contextual variables of supervision and mentoring: culture, ethnicity, race, age, gender, religious orientation, sexual orientation, SES  
Developing supervision/mentoring relationships that take into consideration context  
Reflecting upon the contextual variables of your supervisory relationships

**VII. Questions and answers related to the AAMFT Approved Supervisor**

**3:30 to 5:00**

**VII. Recent changes in Oklahoma State Law and Rules and Regulations Regarding Supervision**

Continuing Education Requirements for Oklahoma Board Approved LMFT Supervisors  
Higher standards for direct observation of trainees work  
The relationship between the on-site and off-site supervisors  
Changes in methods of counting hours, ratios of clinical contact hours to supervision hours  
Documentation standards and forms

**IX. Questions and answers related to Oklahoma Rules and Regulations**

**X. Course evaluation, certificates of completion**

# Suggested Reading

AAMFT (2000). *Readings in family therapy supervision*. Washington, D.C.

AAMFT (October, 2002). *Approved supervisor designation: Standards and responsibilities handbook*. Alexandria, VA: AAMFT.

Anderson, S.A., Schlossberg, M. & Rigazio-DiGioio, S. (2000). *Family therapy trainee's evaluations of their best and worst supervision experiences*. *Journal of Marital & Family Therapy*, (26), 1, 79-91.

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Frame, M.W. (2000). *The Spiritual Genogram in Family Therapy*. *Journal of Marital & Family Therapy*, (26), 2, 211-216.

Green, S., Shilts, L. & Bacigalupe, G. (2001). *When approved is not enough: Development of a supervision consultation model*. *Journal of Marital & Family Therapy*, (27), 4, 515-525.

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Lee, R.E., Nichols, D.P., Nichols, W.C. & Odom, T. (2004). *Trends in family therapy supervision: The past 25 years and into the future*. *Journal of Marital & Family Therapy* (30), 1, 61-69.

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- Moules, N.J. (2000). *Postmodernism and the Sacred: Reclaiming Connection In Our Greater-Than-Human Worlds*. Journal of Marital & Family Therapy, (26), 2, 229-240.
- Patterson, J., Hayworth, M., Turner, C. Rankin, M. (2000). *Spiritual Issues in Family Therapy: A Graduate-Level Course*. Journal of Marital & Family Therapy, (26), 2, 199-310.
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