

Summary of **LPC** and **LMFT** Supervision Requirements

Where they are the same

The supervisor must be an approved supervisor

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Evaluations of supervised experience are to be submitted on a semi-annual schedule.

Semi-annual documentation of supervision hours, evaluation of competence, date of observations (live or tape), and date of consultation between approved supervisor and on-site supervisor must be submitted by the supervisor and co-signed by the supervisee on official Supervision Evaluation Forms.

Approved supervisors shall perform at least two (2) observations (live or tape) per each six (6) month evaluation period for each supervisee.

Supervisors shall perform at least two (2) observations, (live or tape) per each six (6) month evaluation period for each supervisee

Approved supervisors shall consult with on-site supervisor at least once during each six (6) month evaluation period for each supervisee.

Approved supervisors shall consult with on-site supervisor at least once per supervisee during each reporting period

LPC: "Group supervision" means an assemblage of counseling supervisees consisting of from two (2) to six (6) members and no more than one-half (½) of the required supervision hours may be received in group supervision.

LMFT: Total number of face-to-face supervision hours must be at least 150. Supervision in group sessions shall equal no more than 75 hours of the total requirement.

(Note: these are the same in the sense that only half of supervised hours may be accrued in group.)

Where they are different

The LPC candidate shall complete: “Three (3) years or three thousand (3000) clock hours of full time, on-the-job experience...” shall be completed.

The LMFT candidate shall complete: “...two calendar years of work experience in marital and family therapy following the receipt of a qualifying degree, under supervision in accordance with a standards established by the Board.”

LPC: Weekly, face-to-face supervision shall be accrued under an LPC at the ratio of forty-five (45) minutes of supervision for every twenty (20) hours of on-the-job experience.

LMFT: supervision sessions should be scheduled weekly and shall be no less than 6.25 hours of supervision for each 42 hours of direct client contact. No more than 42 hours of direct client contact can be counted in a one month period of time.

Or, supervision session may be arranged on a different schedule upon:

(A) written request of the supervisor and supervisee in advance, and

(B) approval of the schedule by the Department.

(Note: There is no provision for LPC’s to alter the weekly schedule.)

LPC defines a “work-week” as a minimum of a 20 hour work-week

(Note: if you work less than 20 hours, that week doesn't count in your accrual of hours. You still must be under supervision, but it doesn't count toward your total of 3000 hours.)

LMFT has no definition of a work-week.

LPC requires: 350 hours of direct face-to-face client contact for each 1000 hours worked (3000 clock hours = 1050 hours face-to-face contact)

LMFT: must include a minimum of 1000 hours of direct client contact

LPC: Candidate may substitute: One (1) or two (2) years of supervised experience may be gained at the rate of one (1) year for each thirty (30) graduate semester credit hours or forty-five (45) graduate quarter credit hours in counseling-related course work beyond the master's degree. (Minimal educational requirements are a master's degree [at least forty-five (45) hours] or doctorate with the first forty-five (45) hours meeting the minimal educational requirements. As of January 1, 2000, minimal educational requirements are a master's degree [at least sixty (60) semester credit hours or ninety (90) quarter credit hours] or a doctorate with the first sixty (60) semester credit hours or ninety (90) quarter credit hours meeting the minimal educational requirements.)

(g) Regardless of the number of hours earned beyond the master's degree, the LPC supervisee shall receive at least one (1) year or one-thousand (1000) clock hours of supervision in the ratio described in subchapter 11, section 310:405-11-5(b-d).

LMFT has no such provision.

LPC requires: completion of the supervised experience within 60 months of the submission of this agreement.

LMFT has no time limit.

LPC: Individual supervision consists of face-to-face contact with one supervisor and one supervisee.

LMFT: individual supervision shall be face-to-face with one supervisor and one or two supervisees.

LPC: An agreement to be "on call" to the supervisee on a twenty-four (24) hour basis and to arrange for an alternate supervisor if not available.

(Note: the alternate supervisor must be an official LPC supervisor. Whether or not the supervisee should have a supervision contract with the alternate supervisor may be a bit of a gray area.)

(Note: I cannot find a similar requirement for LMFT's.)

The Statement of Professional Disclosure states the LPC shall inform clients of the counselor's professional credentials, training, fees, orientation/techniques and informs about the LPC Director should the client seek additional information about the counselor.

(b) Both LPCs and LPC candidates as provided by Section 1916.1 of the LPC Act shall:

(1) Furnish an example copy signed by the LPC, and in the case a candidate, signed by the LPC supervisor and the, candidate to the Department. Updated copies shall be submitted when the counselor's situation warrants.

LMFT's have no requirement for a Statement of Professional Disclosure.