

### Mandatory Reporting: See Something...Say Something

The following slides will define the "something(s)" that require response: clear communication to defined authorities

In order of high risk to low(er) risk management what MUST you report by law, and what SHOULD you report locally to your pastor or minister in charge

#### MUSTS:

- Abuse
- Sexual Abuse
- Sexual Exploitation
- Neglect
- imminent harm to self or others Should's:

- behavior that appears to mimic grooming:
- one-on-one meetings without another adult present bending the rules just this time
- secretive communication between volunteer and child that does not include a parent or guardian
- "you can tell me, I won't tell your parents"

	Abuse Defined	
	"Abuse" means harm or threatened harm or failure to protect from harm or threatened harm to the health, safety, or welfare of a child by a person responsible for the child's health, safety or welfare, including but not limited to non-accidental physical or mental injury, sexual abuse, or sexual exploitation. Provided, however, that nothing contained in this act shall prohibit any parent from using ordinary force as a means of discipline including, but not limited to, spanking, switching, or paddling.	
		_
	Oklahoma State law (10 O.S. § 7103 et seq.) requires every person, private citizen or professional, who has reason to believe that a child under the age of 18 is being abused and/or neglected, or is in danger of being abused, to promptly report the suspicion to the statewide hotline (1-800-522-3511).	
5-85 0 5-3		7
	Failure to report suspected abuse is a crime – legally	
	and morally. No person, regardless of his or her relationship with the child or family, is exempt from reporting suspected abuse. A person reporting in good faith; however, is immune from both civil and criminal prosecution.	

#### Crisis Intervention

- Crisis- something that threatens well-being of you or an important attachment in your life-- that disrupts normal life and routines
- Trauma--something that goes beyond our previously available coping strategies that threatens to overwhelm

#### how crisis intervention differs from ongoing helping

- . More active
- . Clarifying circumstances and situation.
  - o "Can you tell me about it?"
  - "How did you react?"
- . Providing information/education and reassurance
- . Suggesting a course of action

## Reactions to stress, crisis, trauma

- Most people do what they know best, normal coping habits for abnormal circumstances are often not enough
- . What to do in the moment? Psychological first-aid
- :: Display / model a sense of calmness
- : Predict feelings they are likely to encounter
- .. Be. Listen.
- .. Point to additional resources-- connect to ongoing help
- :: Encourage resiliency, but avoid platitudes

## Responses to Trauma & Crisis

- As a volunteer, what is the church policy about your role in responding to crises and trauma?
- What options are available to you as support in the midst of a situation?

# Psychological First Aid and predicting responses to crises and trauma

- . "It's not uncommon to feel..."
- Shock, numbness, anger, depressed, anxious, fears, memories, nightmares, irritable and/or withdrawn emotions, and confusion.

## Risk Factors for Suicidality: When to Assess Further

Ideation (thoughts of suicide or dying) Substance abuse

Purposelessnes Anxiety Trapped Hopeless

Mithdrawal Anger Recklessness Mood changes Acronym:

IS PATH WARM

explicit verbal cues

VS

implied verbal cues

#### QPR and resources **SUICID**

NATIONAL SUCIDE PREVENTION LIFELINE 1-800-273-TALK (8255)

In the event of a Suicidal crisis:

- Be a Gatekeeper
- Question, persuade, refer (a CPR for suicide prevention/ intervention)

Suicide Prevention Lifeline: 1-800-273-TALK

www.mantherapy.org

Discuss policy system-wide...who needs to be in chain of command, who is notified and mobilized as a team of helpers? Don't go it alone

Suicide prevention
decision tree

Suicid

